



Date Fig Fudge

Serve: 4

Courses: Sweets & Desserts

Variants: Extra Virgin Olive Oil

Proteins: Veg

Ingredients:

- 1) 2 cups dates, deseeded
- 2) 1 cup peanut butter
- 3) 1/2 cup figs
- 4) 1/4 cup sesame seeds
- 5) 1 tsp Figaro Extra Virgin Olive Oil

Methods:

Step 1: Soak dates and figs in water for 1 hour. Drain and pat dry.

Step 2: Add all ingredients in a mixer. Pulse until mixture is sticky.

Step 3: Spread mixture evenly on a small tray or plate.

Step 4: Refrigerate for 1-2 hours. Cut into 1-inch squares. Serve.

THANK YOU

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