



Moong Dal Chaat

Serve: 4 Courses: Starters & amp; Snacks Variants: Extra Virgin Olive Oil Proteins: Veg

Ingredients:

- 1) 1/2 cup yellow moong dal.
- 2) Salt, to taste.
- 3) 1/2 cup grated carrot.
- 4) 1/2 cup pomegranate (anar).
- 5) 2 tbsp mint leaves, finely chopped.
- 6) 2 tbsp coriander, finely chopped.
- 7) 2 tsp green chillies, finely chopped.
- 8) 1 tsp chaat masala.
- 9) 4 tsp lemon juice.
- 10) Figaro Extra Virgin Olive Oil, as dressing.

Methods:

- Step 1: Clean, wash and soak moong dal in water. Drain well.
- Step 2: Combine 3 cups of water, moong dal and salt in a kadhai, till half cooked.
- Step 3: Strain dal. Keep aside to cool for 10 minutes.
- Step 4: Combine all ingredients with moong dal, drizzle with Figaro Extra Virgin Olive Oil, and toss well.
- Step 5: Serve immediately.

THANK YOU

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