



Oats Utappam

Serve: 2

Courses: Breakfast

Variants: Pure Olive Oil

Proteins: Veg

Ingredients:

- 1) 1/2 cup oats
- 2) 1/4 cup rice flour or
- 3) 2 chp curd
- 4) Salt, to taste
- 5) 1 onion, chopped
- 6) 1 carrot, grated
- 7) 1 tomato, chopped
- 8) 1 green chilli, chopped
- 9) Coriander leaves, chopped
- 10) 1 tsp Figaro Pure Olive Oil, for frying

Methods:

Step 1: Powder oats. Mix with rice flour, curd, salt and water to make a batter. Rest for 5 minutes.

Step 2: Spread little Figaro Pure Olive Oil on a pan. Ladle batter onto pan and make uttappam.

Step 3: Place veggies in centre. Press into uttappam. Roll edge over.

Step 4: Cook till golden brown. Serve with chutney.

THANK YOU

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