Rajma Sundal

Serve: 2
Courses: Starters & Snacks
Variants: Pure Olive Oil
Proteins: Veg

Ingredients:

1) 1 cup kidney beans/rajma.
2) 1 tsp mustard seeds.
3) 1 tsp urad dal.
4) 2 dry red chilies.
5) A pinch of asafoetida.
6) 2-3 tbsp fresh grated coconut.
7) 12-15 curry leaves.
8) Figaro Pure Olive Oil.
9) Salt, to taste.

Methods:

Step 1: Pressure cook soaked rajma with 1 tsp salt. Drain and set aside.
Step 2: Heat Figaro Pure Olive Oil in a pan. Add mustard seeds and urad dal.
Step 3: Add curry leaves, red chilies and asafoetida. Fry for 10-15 seconds.
Step 4: Add cooked rajma and salt. SautÃ© for 4-5 mins.
Step 5: Take off heat. Add coconut. Stir well and serve.

THANK YOU
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