



Veggie Bajra Parathas

Serve: 2 Courses: Breakfast Variants: Pure Olive Oil Proteins: Veg

Ingredients:

- 1) 2 cups bajra flour
- 2) 1/2 cup potatoes, boiled and mashed
- 3) 1/2 cup onions, finely chopped
- 4) 1 tsp ginger-garlic paste
- 5) 1 tbsp coriander leaves, finely chopped
- 6) 1 tsp green chillies, chopped
- 7) 1/4 tsp shahijeera
- 8) 1/4 tsp cumin seeds
- 9) Salt, to taste
- 10) 1 tsp Figaro Pure Olive Oil, for cooking

Methods:

- Step 1: Combine all ingredients. Knead to a soft dough.
- Step 2: Divide into equal portions and roll into parathas.
- Step 3: Brush a little olive oil on a heated tawa.
- Step 4: Cook each paratha till brown spots appear on both sides.
- Step 5: Serve warm with chutney or curd.

THANK YOU

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